

Devotional from Tom McElfresh

4/2/2020

Good morning all.

I check in with my Ugandan friends a couple times a day; they're experiencing a severe lockdown. One of my friends wrote this:

Everything is not locked down

Sunrise is not locked down

Love is not locked down

Family time is not locked down

Kindness is not locked down

Creativity is not locked down

Learning is not locked down

Conversation is not locked down

Imagining is not locked down

Reading is not locked down

Relationship is not locked down

Praying is not locked down

Meditation is not locked down

Sleeping is not locked down

Work from home is not locked down

Hope is not locked down

Cherish what you have.

Locked down is an opportunity to do what you always wanted to do.

Stay Positive and have a good morning

I enjoyed seeing this as I rose this morning. It helps me to remember the really important things that I still have.