

HOW TO PRAY

“Don’t worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God” (Phil. 4:6).

Prayer is an essential part of your relationship with God. It is your one-on-one conversation with Him. In short, prayer is sharing your praise, your thanksgiving, your concerns, and your burdens. There are several distinct elements of prayer:

1. ADORATION & PRAISE

Acknowledge God for who He is. Praise God’s attributes, His mighty works, and His Name.

2. CONFESSION

Agree with God about your own sinfulness, admit sins, and ask forgiveness.

3. THANKSGIVING

Thank God for His blessings and what He has done in your life.

4. SUPPLICATION & PETITION

Bring your personal needs to God.

5. INTERCESSION

Bring the needs of others before God, including family, friends, church, national and world leaders, and the lost.

Use the **ACTS** prayer guide to ensure you are including all these elements in your time with God.

ADORATION AND PRAISE

CONFESSION

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